THE ROLE OF PSYCHIATRY IN THE CHANGING WORLD

25TH WORLD CONGRESS OF PSYCHIATRY

PRAGUE, CZECH REPUBLIC

5-8 OCTOBER, 2025

wcp-congress.com

Medical Student Event: Mentorship for Career Success

6 October 2025 11:45 to 13:30

Medical Student Event: Mentorship for Career Success

WORLD PSYCHIATRIC ASSOCIATION

6 October 2025 11:45 to 13:30

Speakers:

WPA President Danuta Wasserman

WPA Past President Afzal Javed

WPA Medical Student SIG:

Professor Muhammad Waqar Azeem

Professor Howard Y. Liu

Anusha Lachman, MD, PhD

Professor Subodh Dave

Professor Lorin Scher

Dr. Khalid Bazaid

WPA Past President Afzal Javed

Local Host Psychiatrists:

Dr. Michal Patarák

Dr. Tomáš Kašpárek

WPA ECP Section:

Dr. Lamia Jouini

Dr. Alex Vicente Spadini

Dr. Rick Wolthusen

Dr. Sophia Sánchez-López

Dr. Andrés Román-Jarrín

Dr. Abdullahi Akilu

Brief Remarks: Mentorship Pearls from the Presidents

President Danuta Wasserman

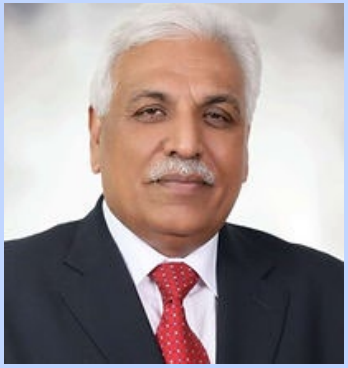
WPA President 2023-2026

Professor of Psychiatry and Suicidology

Founder of National Centre for Suicide Research and Prevention of Mental Ill-Health (NASP)

Director for WHO Collaborating Centre for Research Methods Development and Training in Suicide Prevention

Karolinska Institutet



Past President Afzal Javed

WPA President 2020-2023

Consultant Psychiatrist (UK and Pakistan)

Honorary Professor. Institute of Applied Health Research, University of Birmingham, UK

Honorary Clinical Associate Professor, Warwick Medical School, University of Warwick, UK

Chairman Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan

Faculty Disclosure Relevant to Presentation:
Akilu, Azeem, Bazaid, Dave, Javed, Jouini, Kašpárek, Lachman, Liu, Patarák, Román-Jarrín, Sánchez-López, Scher, Vicente Spadini, Wasserman, Wolthusen

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Faculty Disclosure

x	No, nothing to disclose
	Yes, please specify:

Company Name	*Honoraria/ Expenses*	*Consulting/ Advisory Board*	*Funded Research*	*Royalties/ Patent*	*Stock Options*	*Ownership/ Equity Position*	*Employee*	*Other (please specify)*

WORLD PSYCHIATRIC ASSOCIATION

Thank you to our local host psychiatrists!
Dr. Tomáš Kašpárek and Dr. Michal Patarák

Welcome & Introductions

Professor Muhammad Waqar Azeem, MD, DFAACAP, DFAPA

Chair, WPA SIG on Medical Students

Professor and Chair, Department of Psychiatry

Sidra Medicine / Weill Cornell Medical College

Director, WPA Collaborating Center

Qatar

Howard Y. Liu, MD, MBA, DFAACAP, DFAPA, FACP

Co-Chair, SIG on Medical Students, WPA

Chair and Professor, University of Nebraska Medical Center Dept. of Psychiatry

Past President, Association of Directors of Medical Student Education in Psychiatry (ADMSEP)

USA

WPA Medical Students Essay Competition 2025

WORLD PSYCHIATRIC ASSOCIATION

- **Theme:** United Nations 10th Sustainable Development Goal (SDG10) - Reducing Inequalities and Promoting Inclusion to Improve Mental Health
- In Collaboration with United Nations Department of Economic and Social Affairs
- 3000 words
- **Submissions received from 93 medical schools across 38 countries and 6 continents**

TEN FINALISTS

Miguel Angelo Castro

Brazil
4th year Pontifical Catholic University of Rio

Muhammad Noor Ul Huda

Pakistan
4th year
Rawalpindi Medical University

Elijah Kawinga

Zambia
5th year
Mulungushi University

Aksa Mumtaz

Italy
3rd year
Campus Bio-Medico University

Alexis Gonzalez Ortis

Mexico
4th year
Universidad Autónoma Metropolitana

Ayomide Emmanuel Oyekan

Nigeria
5th year
University of Ibadan

Asmi Shekhar

India
2nd year
SOA University

Lucy Stiles

United Kingdom
4th year
Kings College London

Nandera Ketra Venesa

Uganda
4th year
Makerere University

Jasmine Wu

Canada
2nd year
McMaster University

WPA Medical Student Sessions

2022 Bangkok, Thailand

WPA Medical Student Sessions

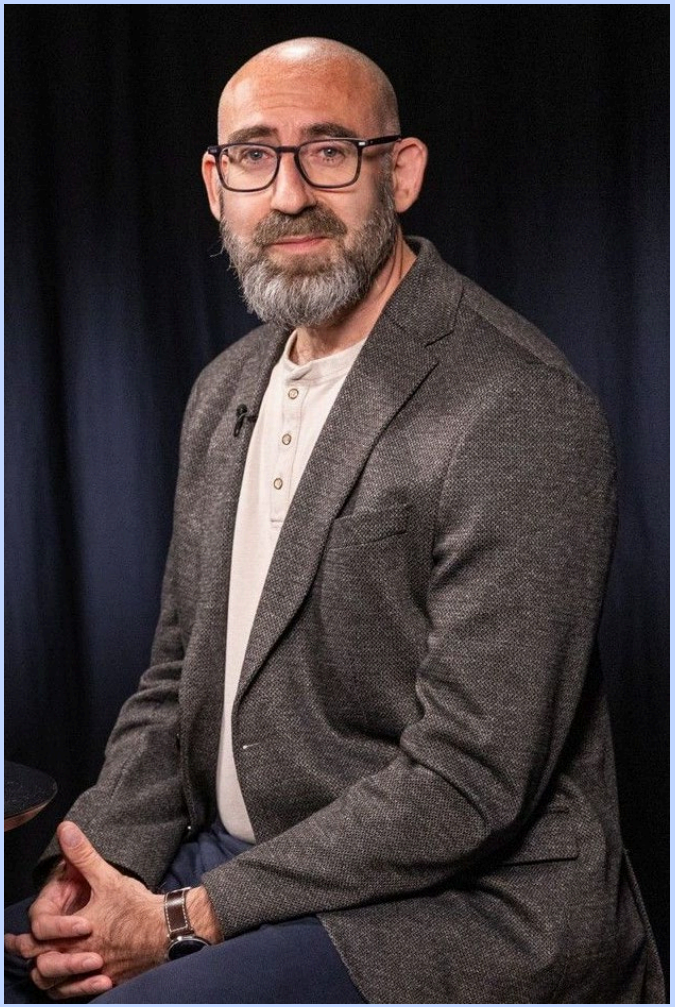
2023 Vienna, Austria

WPA Medical Student Sessions

2024 Mexico City, Mexico

Brief Mentoring Perspective

Michal Patarák, MD, PhD
President of Slovak Psychiatric Association
(2022-2026)
Slovakia
patarakmichal@gmail.com



Medical Student Program:
Monday 6 October 11:45-13:30

- **Brief Address: WPA President Wasserman**
- **Brief Address: WPA Past President Javed**
- **Welcome & Congratulate Essay Competition Winners: Prof. M. Waqar Azeem**
- **Brief History and Introductions: Prof. Howard Liu**
- **Brief Mentorship Perspective: Dr. Michal Patarák**
- **Small Group Exercise: Mentorship Tools for Career Success**
- **Discussion in Small groups: All**
- **Large Group: student speaker from each group sharing one insight: 13:10**
- **Questions & Answers with Facilitators**
- **Closing: Dr. Tomáš Kašpárek**

Facilitators: Medical Student SIG

Professor Subodh Dave

Dean, Royal College of Psychiatrists

Consultant Psychiatrist, Derbyshire.

UK

Anusha Lachman, MD, PhD

Child &Adolescent Psychiatrist @ Stellenbosch University Cape Town

President of South African Society of Psychiatrists

South Africa

Facilitators: Medical Student SIG

Khalid Bazaid, MD, FRCPC
Child and Adolescent Psychiatrist
Assistant Professor

Faculty of Medicine

University of Ottawa

Royal Ottawa Mental Health Center

Member, SIG on Medical Students, WPA

Canada

Lorin Scher, MD
Professor and Vice Chair at University of California, Davis.
Brophy Chair for Education
Treasurer for Association of Directors of Medical Student Education in Psychiatry (ADMSEP)
Member, SIG on Medical Students, WPA
USA

Facilitators: ECP Section

Lamia Jouini, MD, MSc
ECP Section Chair, WPA

Deputy Clinic Head
Department of Psychiatry and Psychotherapy
Wallis Hospital, Switzerland

WHO Consultant Affiliation
Department of Mental Health and Substance Use, WHO, Geneva
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Tunisia / Switzerland

Alex Vicente Spadini, MD
ECP Section Co-Chair WPA

Federal University of Rio Grande do Sul
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Brazil

Facilitators: ECP Section

Rick Wolthusen, MD, MPP
ECP Section Secretary WPA

Psychiatrist in Charge
Psychotic Disorders Division
McLean Hospital
Instructor, Harvard Medical School
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USA / Germany

Sophia Sánchez-López, MD

Early Career Psychiatrists Chair at the Mexican Psychiatric Association

sophiafraysb@gmail.com

Mexico

Facilitators: ECP Section

Andrés Román-Jarrín, MD, MS.

University of Seville, Spain

andresromanjarrin@gmail.com

Ecuador (It is where I am currently living and working)

Abdullahi Akilu, MD
Consultant Psychiatrist
Federal Neuropsychiatric Hospital,
abdullahiakilu98@gmail.com
Nigeria

Medical Student Program: Small Group Exercise: Mentorship

- **Discussion in small groups:**
  - Introduce yourself (country, year of school or faculty role, career interest)
  - Do you have a mentor? If so, who?
  - How can you find a mentor locally, nationally or internationally at the WPA meeting?
  - What are some best practices as a mentee?
  - Have you experienced any mentorship challenges?
  - What is one question you would like to ask a mentor today?
- **Nominate one student to share one insight from the group discussion**

WORLD PSYCHIATRIC ASSOCIATION

WPA

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THE CZECH REPUBLIC

In partnership with:

CZECH & SLOVAK PSYCHIATRIC ASSOCIATIONS

Large Group Discussion: Mentorship

Students – please share where you are from and one insight gained from your small group

Large Group Question & Answer

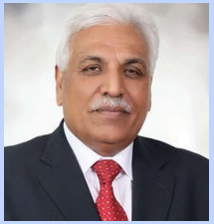
Students – please ask any remaining questions to our mentors

Akilu

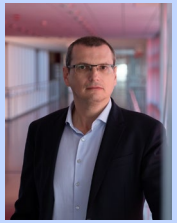
Azeem

Bazaid

Dave


Javed

Jouini


Kašpárek

Lachman

Liu

Patarák

Román-Jarrín

Sánchez-López

Scher

Vicente Spadini

Wolthusen

Closing remarks

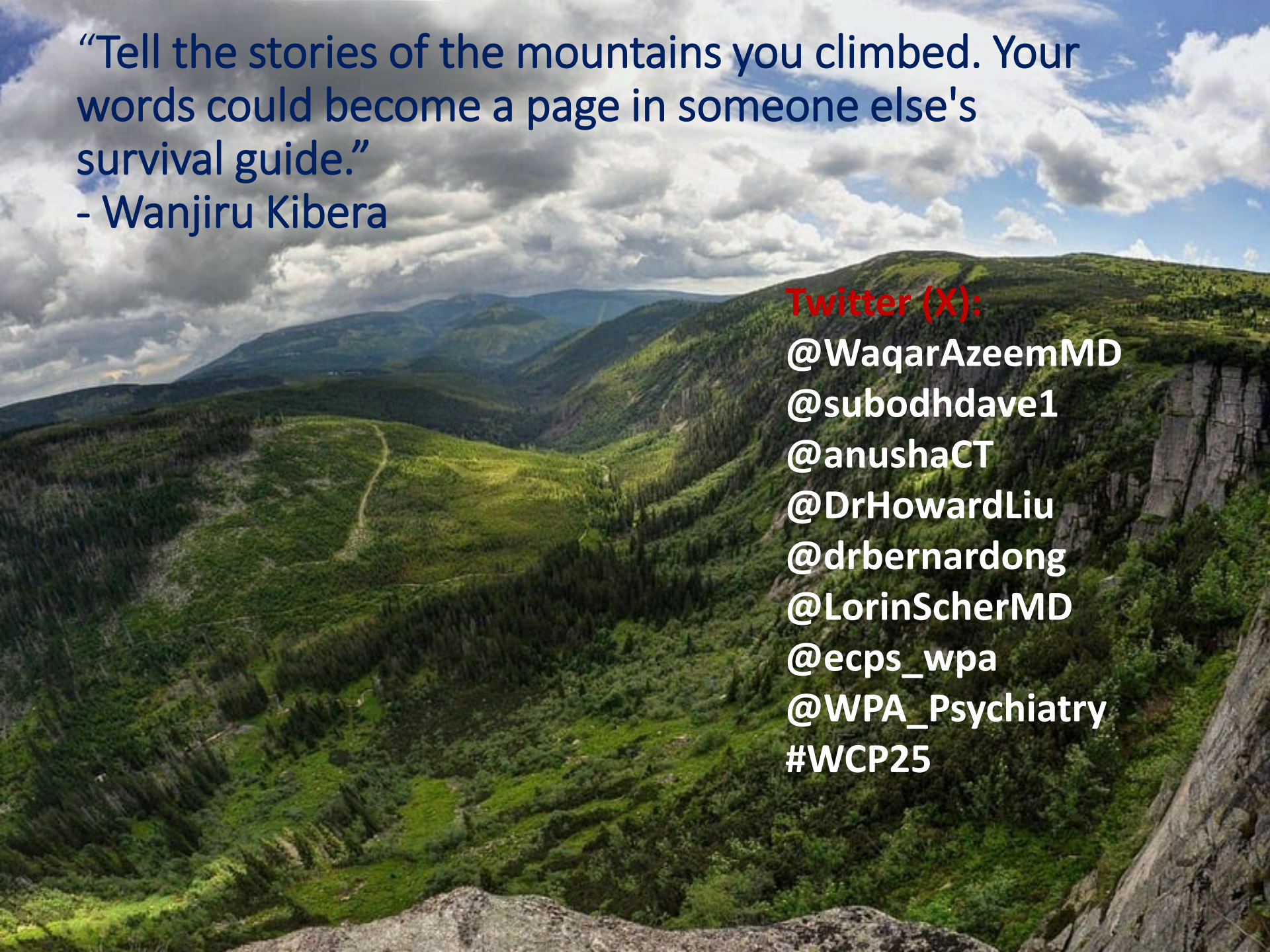
Prof. Dr. Tomáš Kašpárek, Ph.D.

Chair and Professor, Masaryk University, Dept. of Psychiatry

Coordinator - Medical student campaign #100rocne

President, Czech Psychiatric Association

tkasparek@med.muni.cz


“Tell the stories of the mountains you climbed. Your words could become a page in someone else's survival guide.”
- Wanjiru Kibera
Twitter (X):
@WaqarAzeemMD
@subodhdave1
@anushaCT
@DrHowardLiu
@drbernardong
@LorinScherMD
@ecps_wpa
@WPA_Psychiatry
#WCP25