



4EU+ for PhD candidates & young researchers

WG Mobility

4EU+ for PhD Candidates & Young Researchers, 14/10/2025



Univerzita
Karlova



UNIVERSITÄT
HEIDELBERG
ZUKUNFT
SEIT 1386



PANTHÉON-ASSAS
UNIVERSITÉ
PARIS



SORBONNE
UNIVERSITÉ



KØBENHAVNS
UNIVERSITET



UNIVERSITÉ
DE GENÈVE



UNIVERSITÀ
DEGLI STUDI
DI MILANO



UNIWERSYTET
WARSZAWSKI

Programme

- 4EU+ General Information and Alliance members
- Mobility Possibilities
- 4EU+ Cooperation Options
- 4EU+ Student Representation in 4EU+
- Q&A Session



EUROPEAN
UNIVERSITY
ALLIANCE

8 PARTNERS

1 VISION

to build

ONE
comprehensive
research-intensive
European
University



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4EU+: a short history and overview

- **March 2018:** Charles University (Czechia), Heidelberg University (Germany), Sorbonne University (France), and the University of Warsaw (Poland)
- **October 2018:** University of Copenhagen (Denmark) and the University of Milan (Italy)
- **August 2022:** University of Geneva (Switzerland)
- **July 2023:** Paris-Panthéon-Assas University (France)



almost 350,000
students & PhD
candidates



over 60,000
academic &
administrative staff



legal entity:
4EU+ Association



HQs in Brussels,
Belgium



**own governance
& local offices**
at 8 member
universities



**18 Associated
Partners**

4EU+ Alliance

- Long-term **process** to bring universities closer, not just a project
- **Integration** in all areas: education, research, administration
- Sharing **best practices** and innovation
- **Connecting** students, academic and administrative staff, infrastructure, data, management...

NAVIGATING 4eu+ PROJECTS

**4EU+
1CORE**
2022-2026

*One
Comprehensive
Research-
Intensive
European
University*

- Continuation of EUP1, under the European Universities Initiative

EUP1
2019-2022

- First Erasmus+ project under the European Universities initiative

TRAIN4EU+
2020-2023

*Transforming
ReseArch &
INnovation
agendas and
support in the
Alliance*

- Horizon 2020, SwafS
- Focus on research infrastructure

4EU+MICI
2025-2028

*4EU+
Microcredential
Integration Project*

- Erasmus+ - Policy Experimentation Call Micro-credentials

- Developing a standardised and flexible microcredential framework

ED-AFFICHE
2023-2024

- Coord. Una Europa (CU on behalf of 4EU+)
- European Degree label
- Consortium of European Universities
- Testing the label criteria and identifying barriers to joint degree development

ESEU
2023-2024

- 4EU+ participated as an associated partner
- Pilot initiative for a joint legal status for European alliance of higher education institutions

FOREU4ALL
2024-2026

- All European Universities alliances
- Community of Practice

**4EU+ FOR
UKRAINE**
2023-2024

- Programme of the Polish National Agency for Academic Exchange (NAWA)
- Supporting academic cooperation between 4EU+ partners and Ukrainian universities

**RM
FRAMEWORK**
2024-2027

*Creating a European
Framework for
Research
Management Training
and Networking*

- Coord. EARMA

**4EU+
ETERNITY**

2024-2026

- Polish National Agency for Academic Exchange (NAWA)
- Top-up funding for 4EU+ activities



4eu+

4EU+ universities

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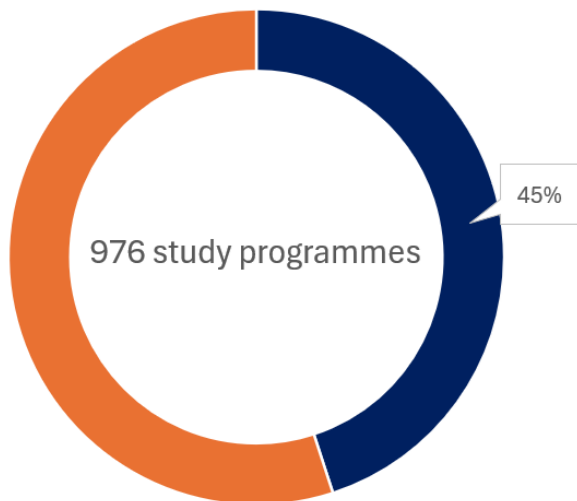
UNIwersytet
Warszawski



**Charles
University**

- The oldest (1348) and #1 in the country
- 17 faculties in three cities – Prague, Pilsen and Hradec Králové
- All study areas except for technical fields and veterinary

PhD at Charles University



- 6.300 PhD candidates (12%)
- 5.397 academics and researchers

Doctoral Study Hub - transferable skills for doctoral students

- Portfolio of transferable skills for PhD students offered centrally
- In Czech and English
- Enriching students' curricula and experience
- Introducing e-learning and virtual mobility
- Possible cooperation in the 4EU+



Presentation skills



Information systems and applications



Scientific and creative activities



Personality development



Pedagogical skills

Contacts & Links

- PhD studies

phd.cuni.cz

lukas.nachtigal@ruk.cuni.cz

- Staff Welcome Centre

swc.cuni.cz/UKSWCEN-1

- 4EU+ Mobility

tereza.vosejpkova@ruk.cuni.cz

- 4EU+ Local Office

4euplus@cuni.cz



**UNIVERSITÄT
HEIDELBERG**
ZUKUNFT
SEIT 1386

- Oldest German university (founded in 1386)
- Focus on research-based teaching and well-structured training for doctoral students



PhD at Heidelberg University

- 9.343 PhD candidates (30%)
- an individual basis or within a structured doctoral program (currently more than 40)
- three different forms of structured doctoral programs
 - **Graduate Schools (Graduiertenschulen)** – large facilities with 150–300 doctoral candidates covering a wide range of research fields
 - **Research Training Groups (Graduiertenkollegs)** – medium-sized groups with 15–50 doctoral candidates, variety of research fields within a defined topic area
 - **Research Training Groups (Promotionskollegs)** – small groups with five to seven doctoral candidates covering very specific research questions

Service Point: Services and stipends for doctoral candidates and postdocs

- Advising and support for doctoral candidates and postdocs on all general, non-subject related issues
- Advising and support for international doctoral candidates on visas and residence permits, insurance, housing and other questions about living in Heidelberg
- Doctoral fellowships; completion grants; publication grants; travel grants

Contacts & Links

- List of PhD structured programmes
www.graduateacademy.uni-heidelberg.de/promovieren/promotionsprogramme_en
- Service Point
www.uni-heidelberg.de/en/doctoral-candidates/graduate-academy-service-point
- Erasmus+ mobility
Alexandra Braye braye@zuv.uni-heidelberg.de
- 4EU+ Local Office
Benjamin Held benjamin.held@rektorat.uni-heidelberg.de



- The oldest Law university in France
- 5 areas of studies:
 - Law
 - Political Science
 - Economics
 - Management
 - Information and Communication Science

PhD at Paris Panthéon Assas

- 766 PhD candidates
- 5 doctoral schools (4 of them in Law):
 - Private Law
 - Administrative law, administrative sciences and political science
 - International Law, European Law, International and Comparative Law
 - History of Law, Philosophy of Law and Sociology of Law
 - Economics, management, information and communication

Mobility & contacts

- welcome by the international relations office (Mobility Unit) or the department of Research, Assas Welcome Desk, Welcome Desk Paris



- PhD studies
Jenny.POIRET@assas-universite.fr
- Mobility
incoming@assas-universite.fr



- Sorbonne University created merging Paris-Sorbonne University (Paris IV) and Pierre and Marie Curie University (Paris VI)
- 3 faculties: Humanities, Health, Science and Engineering



PhD at Sorbonne University

- 3.800 PhD candidates
- Ca 900 new each year
- 7.6% of doctorates are jointly supervised

23 doctoral schools

- [Astronomie et astrophysique](#)
- [Cerveau, cognition, comportement](#)
- [Chimie physique et chimie analytique de Paris centre](#)
- [Chimie moléculaire de Paris centre](#)
- [Civilisations, cultures, littératures et sociétés](#)
- [Complexité du vivant](#)
- [Concepts et langages](#)
- [Histoire de l'art et archéologie](#)
- [Géographie de Paris](#)
- [Géosciences, ressources naturelles et environnement](#)
- [Histoire moderne et contemporaine](#)
- [Informatique, télécommunication et électronique de Paris](#)
- [Littératures françaises et comparée](#)
- [Mondes antiques et médiévaux](#)
- [Pierre Louis de santé publique à Paris : épidémiologie et sciences de l'information biomédicale](#)
- [Physiologie, physiopathologie et thérapeutique](#)
- [Physique et chimie des matériaux](#)
- [Physique](#)
- [Sciences de l'environnement](#)
- [Sciences de la nature et de l'homme : évolution et écologie](#)
- [Sciences de la terre, de l'environnement et physique de l'univers](#)
- [Sciences mathématiques](#)
- [Sciences mécaniques, acoustique, électronique et robotique](#)

The « College doctoral » at Sorbonne University

- Doctoral College bringing together its twenty-three doctoral schools
- support to doctoral schools in terms of welcoming doctoral students, particularly those from other countries, providing access to doctoral training, preventing psycho-social risks, monitoring the health of doctoral students, and observing their career prospects
- dialogue with doctoral colleges at universities in Europe

Contacts

- www.sorbonne-universite.fr/recherche-1/le-doctorat
- www.sorbonne-universite.fr/recherche-et-innovation/le-doctorat/vie-pratique-et-ressources
- Doctoral College ifd@sorbonne-universite.fr



UNIVERSITY OF
COPENHAGEN



- Six faculties, 36 departments and more than 200 research centres spread across 4 campuses in Copenhagen
- No Business Management and Engineering offered

PhD at University of Copenhagen

- 3.500 PhD candidates (counted among staff)
- Each of 6 faculties has a PhD School:
 - [Faculty of Health and Medical Sciences](#)
 - [Faculty of Science](#)
 - [Faculty of Humanities](#)
 - [Faculty of Social Sciences](#)
 - [Faculty of Law](#)
 - [Faculty of Theology](#)



Mobility & links

- International Staff Mobility department provides support and assistance to all international researchers, academia and PhD fellows on all issues related to moving to and settling in Denmark
- Each PhD School may have own initiatives regarding support and well-being
- NB: It is not possible to attend UCPH and follow master courses as a PhD student
- Main link for any PhD related questions, including the process, regulations, career opportunities, available positions, contact info, etc. phd.ku.dk/english/



UNIVERSITÉ DE GENÈVE



- Strong cooperation with international institutions with headquarters in Geneva or Switzerland
- Out of the Erasmus+ schemes

PhD at University of Geneva

- 2.190 PhD candidates
- PhD offer at all 9 faculties
 - Faculty of Law
 - Geneva School of Economics and Management
 - Faculty of Humanities
 - Faculty of Medicine
 - Faculty of Psychology and Educational Sciences
 - Faculty of Science
 - Geneva School of Social Science
 - Faculty of Theology
 - Faculty of Translation and Interpretation

The Graduate Campus

- new structure dedicated to doctoral and post-doctoral students
- informs about PhD in general, workshops for doctoral and post-doctoral students, funding opportunities and how to obtain them
- helps with administration involved in registering for a thesis



UNIVERSITÀ DEGLI STUDI DI MILANO

- Largest high education institution in Lombardy, one of the most dynamic and “international” areas in the European Union
- Strong relationship with business



PhD at University of Milan

- Over 1.200 PhD candidates
- PhD programs are grouped into 5 macroareas:
 - Life sciences
 - Exact sciences
 - Medical sciences
 - Humanities
 - Legal, political, economic and social sciences

Welfare services for PhD students

- International Welcome Desks
- Welcome day for PhDs
- Open Access courses for publishing research products in AIR and Orcid ID acquisition
- Nurseries, summer camps and centres, single and Universal Allowance, refectory service, Newspaper subscription at a discounted rate, sports and leisure activities, campus agreement for statistical software, Microsoft Campus Agreement, Adobe Creative Cloud for education licences

Links & Contacts

- About Doctoral research (PhD) programmes

www.unimi.it/en/study/postgraduate-study/doctoral-research-phd-programmes

- PhD Students Administration Office

www.unimi.it/en/study/postgraduate-study/doctoral-research-phd-programmes/doctoral-programmes-contact-information

- Traineeship or research erasustraineeship.incoming@unimi.it

- 4EU+ Local Office 4euplus@unimi.it



- the largest university and the best research center in Poland
- 25 faculties and 30 research units

PhD at University of Warsaw

- 1.750 PhD candidates
- four doctoral schools with education in both Polish and English



Interdisciplinary
Doctoral School



Doctoral School of
Humanities



Doctoral School of
Social Sciences



Doctoral School of
Exact and Natural
Sciences

Links & Contacts

- Doctoral Schools szkolydoktorskie.uw.edu.pl/en/
- Incoming Erasmus+ / bilateral agreement PhDs iro.incoming@adm.uw.edu.pl
- Local 4EU+ Office 4euplus@uw.edu.pl



4EU+ cooperation & mobility

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4EU+ Mobility Framework

■ Mobility Charter

- To make individual learning pathway possible
- To multiply mobility options
- Deals with topics related to mobility

■ Mobility Scheme

- List of all mobility options with funding possibilities in the Alliance
- Student x academic x administrative
- Physical x blended x virtual
- Short-term x long-term

Mobility Agreements

- Erasmus+ Agreement
 - open to students of all study areas within the 4EU+ in all study cycles
 - no limits on exchange numbers in general
 - extra agreement for medicine
- Agreement on Short-Term, Virtual and Blended Mobility
 - open to students of all study areas within the 4EU+ in all study cycles
 - covering all mobility types out of Erasmus+ framework

General conditions

- Funding is provided by home university
- Except for UNIGE, all partners are in the Erasmus+ programme
- For students
 - at all study cycles and all study areas
 - without tuition fees
 - the funding doesn't have to cover real costs
 - in E+, mobility funded up to 12 months in total per study cycle
- For staff
 - both academics and non-academics can participate

Erasmus+ & SEMP study stays

- For students at all study cycles
- Duration: 2–12 months
- Funding rates differ according to the home university's national E+ rates and the country of the host university
 - in SEMP, also incoming students are funded

Erasmus+ & SEMP traineeship

- For students at all study cycles
- Duration: 2–12 months
- Funding rates differ according to the home university's national E+ rates and the country of the host university
- At least 20 hours of training per week

Erasmus+ Short-term PhD mobility

- For PhD candidates of all study areas
- Duration: 5–30 days
- Funding:
 - Day 1–14: 79 EUR/day
 - Day 15–30: 56 EUR/day
- Not available for UNIGE

Erasmus+ & SEMP top ups

- Green Erasmus: 50 EUR for travelling sustainably
 - train, bus, boat or shared car
- Green SEMP: 100 CHF
 - train, bus and shared car (no ferry)
- Students with special needs
- 4EU+ top up given by SU

Erasmus+ & SEMP staff mobility

- Duration: 2 days–2 months
 - may be restricted by university (for example 2 days–2 weeks)
- Funding rates differ per home and host university
 - cover real costs, but upper limits given
 - travel allowances based on distance

Erasmus+ & SEMP staff mobility – teaching

- For academic staff
 - full-time, but also part-time staff
- At least 8 hours of teaching per week (or proportion for shorter mobility)
- Giving lectures, seminars, consultations, preparation of educational activities and joint/double degree programmes...

Erasmus+ & SEMP staff mobility – training

- For both academic and non-academic staff
 - full-time, but also part-time staff
- Language courses, staff training weeks, job shadowing...

4EU+ projects and activities

- The same scheme for funding mobility:
 - Educational projects
 - SEED4EU+ projects
 - FoCUs
 - Some other activities that don't fit into Erasmus+ programme
- For all students participating in activities
- Duration: up to 2 months

4EU+ projects and activities – rates

- Common funding frame
- Daily allowances
 - Day 1–14: **79 EUR/day**
 - Day 15–30: **56 EUR/day**
 - Up to two months: proportional monthly E+ rate/week
- Travel allowances based on distance and green travel

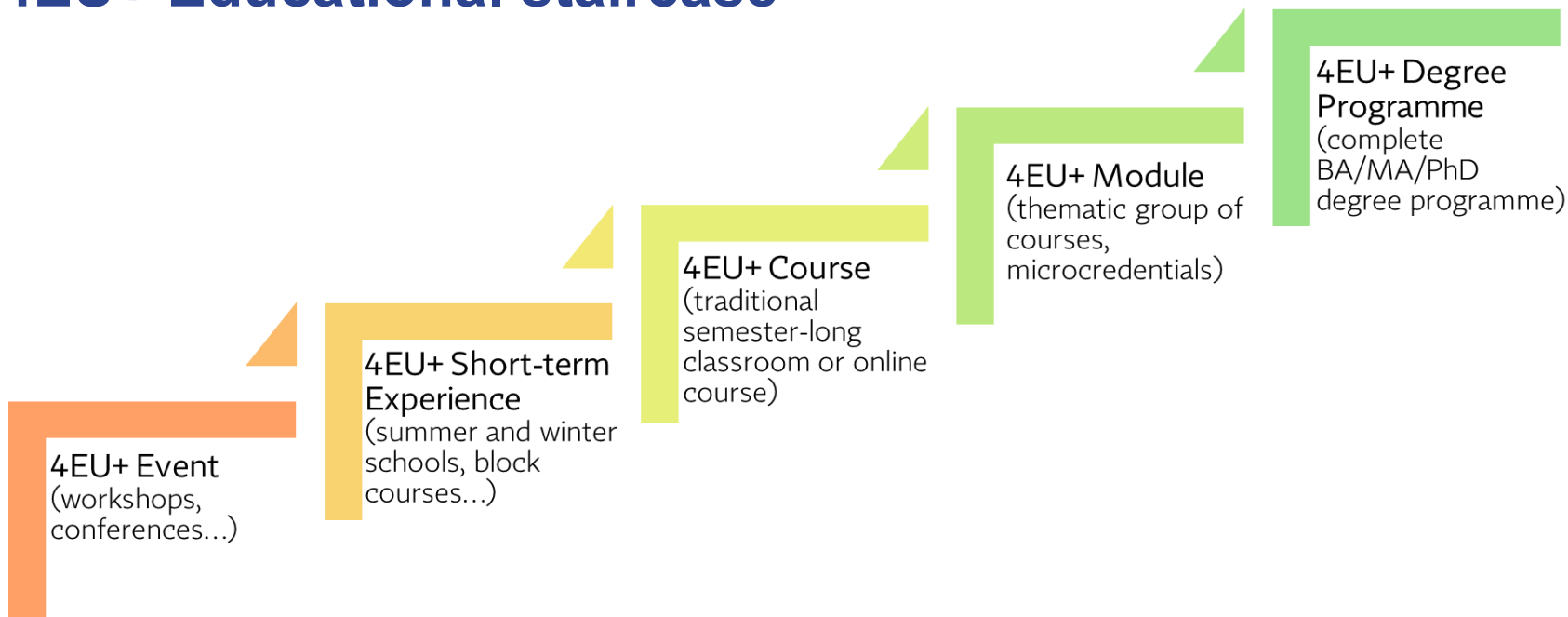
4EU+ staff mobility

- Real cost coverage, but might be upper limits
- Processes and administrative rules depends on each university/faculty
- EDU project, FoCUs 4EU+, flagship meetings, curricula comparison workshops, 4EU+ meetings, networking activities etc.

Virtual Mobility

- Offer available at [Student Portal](#)
- Registration and deadlines differ by host university
- 4EU+ Learning Agreement obligatory for enrollment
 - signed by student and home university
- Recognition and ECTS transfer – to be checked with home university!
 - Transcript of Records and 4EU+ LA needed

4EU+ Educational staircase



Events

- Updated offer of activities and events available at [4EU+ website](#)
- Workshops, lectures, conferences, flagships' activities, calls for involvement in 4EU+ etc.
- In-person as well as online

Shared Courses

- Courses offered **online** to students from partner universities for free
 - Mix of local, international and 4EU+ students
 - Open to every student at every 4EU+ university
- **Over 1500 courses** since AY 2020/21
- Over 2300 4EU+ students

Shared Courses and Virtual Mobility – courses

- Any lecturer can offer a course to be shared
- General conditions set by the Alliance
 - 4EU+ syllabus
 - key competences or other affiliation to 4EU+ educational framework
 - Taught in online or hybrid (in-person and online students together) mode
- No funding
- Included in teaching workload

SEED4EU+

- Internal funding for 4EU+ „out-of-the-box“ initiatives
- Cooperation of at least three universities with one of them leading the activity
- The leader must have the PhD degree completed, but candidates may be members of the team
- Affiliation to the 4EU+ (Flagships) and its goals
- Focus on research in any scientific area, education, innovation, and/or public engagement/citizen science activities
- 50.000 EUR for 12 months
- Current call closed 3th October

FoCUs 4EU+

- New format starting in 2026
- Offered by CU = **the leader must be from CU**
- Synergy projects:
 - Academic (since 2020, 146 in total) and student (since 2022, 37 in total) edition
 - 4EU+ project rules, just smaller in scale
 - Ideal for the first experience in managing a project
 - Calls twice a year
- Bridging projects
 - For individual mobility within 4EU+ or to represent 4EU+

Erasmus+ Blended Intensive Programmes

- Consists of physical and virtual mobility
 - duration of physical mobility is 5–30 days
 - duration of virtual part is not specified
- At least 3 partner universities, one of them as coordinator
- 10–20 participants from partner institutions
- At least 3 ECTS per program
- For students or staff

Erasmus+ Blended Intensive Programmes – funding

- To coordinator (organizer): for the delivery of the program
 - 400 EUR per participant = up to 8.000 EUR
- To participants:
 - Day 1–14: 79 EUR/day
 - Day 15–30: 56 EUR/day

4EU+ Pilot Call on Blended Intensive Programmes

- Testing BIPs on the Alliance level of administration
 - Ad hoc projects already running
- Mix of E+ and 4EU+ conditions
- In total 8 submitted proposals
 - Organized by UHD, UNIMI, and UW
- Activities carried in AY 2025/2026
- Next call planned in 2026

4EU+ Joint doctoral programmes

- Co-supervised doctoral research projects based on regular cotutelle programme
- 3-year contract, including a year at partner university
- Paid spots offered:
 - 4 by SU
 - 2 by CU
 - 1 by UNIMI
 - *UNIGE joins with standard cotutelle system

4EU+ Visiting Professorships

- Funding for 1-2-month stay at partner university
 - Covering mobility expenses (travel and living costs)
- For research and/or teaching to deepen cooperation between host and home universities
- Focus on early-career researchers (up to 7-year post-PhD experience)
- Next call planned for 2026

4EU+ Grant Support Service (GSS)

- To help the academic staff of the 4EU+ with funding opportunities within the 4EU+ network
- **For internal 4EU+ calls**
- Help with finding partners for cooperation within the Alliance
- In touch with all Local Offices of the 4EU+ members
- Planned workshops and lectures
- 4euplus.eu/4EU-738



Student and PhD representation

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4EU+ Academic Council

- Advisory and consultative body to the 4EU+ Governing Board
- Each university has 6 representatives
 - 3 academics
 - 2 students (one of them PhD)
 - 1 admin staff
- Main part of Internal Auditing Board
- Strategic planning, coordination of activities, ad hoc topics

4EU+ Student Committee

- Representation of BA, MA students, and PhD candidates
- Each university has 3 representatives
 - At least one of them PhD
- Coordinating students bodies in the Alliance

4EU+ Student Ambassadors

- Promotion of 4EU+ and its activities
- Representatives of all partner universities
- New call for representatives running





Thank you!

4EU+ WG Mobility

tereza.vosejpkova@ruk.cuni.cz

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