My journey through medical school at LF3, which culminated in my graduation in 2021, has been an incredibly enriching experience. Now, as I navigate the middle of my residency at Hackensack University Medical Center (HUMC) in New Jersey, USA, I often reflect on the invaluable experiences and lessons learned during my time at LF3. The comprehensive education I received there was crucial in my success in the US boards, leading to my match at my top-choice residency program. The exceptional mentorship I received at LF3 cannot be overstated; the faculty's guidance played a significant role in enabling me to publish several articles during my studies. Beyond academics, living in the stunning city of Prague and immersing myself in the rich culture and history of the Czech Republic was a once-in-a-lifetime experience. The beauty of the country and the warmth of its people have left an indelible mark on me.

The knowledge and advice I garnered at LF3 have been instrumental not only in achieving my goal of securing a residency spot but, more importantly, in equipping me to deliver top-notch care to my patients. The six-year educational journey at LF3 in Prague was more than just an academic pursuit; it was a period of immense personal and professional growth. The experiences and insights I gained there continue to shape my approach to medicine. As I reflect on my time at LF3, I am filled with gratitude and a deep sense of appreciation for the unique opportunities and challenges that shaped my career path. This journey has been a foundational part of my life, one that I will always cherish and draw inspiration from as I continue to serve my patients with the skills and knowledge I acquired during those formative years.
"Hello!

My name is Liban Jamal and I am a 4th year geriatrics resident in Uppsala University Hospital in Sweden. I graduated in the summer of 2020, having started at the Third faculty of medicine in 2014. Fortunately, I have very fond memories of my time in Prague. Our studies began with an orientation camp roughly 100 km outside of Prague, in Dobronice, whereby we were welcomed by the teachers and given practical information over the course of three days. Other than getting vital information, it was a very fun way to get acquainted with new classmates and more experienced students through various games and activities.

At LF3, we were given a very thorough theoretical foundation with an emphasis on problem-based learning. This has been a vital tool to help design a programme that produces competent doctors with a sound theoretical background. Every subject has both lectures and mandatory seminars which served to guide us throughout our studies. Unfortunately, due to language barriers it was difficult for a lot of us to immerse ourselves within the departments during clinical practices. However, we all leave with satisfactory levels of clinical practice, which is developed and honed further in our careers as doctors.

I for one, am in my fourth year of a geriatrics residency and am very happy with how LF3 helped prepare me as a doctor. The studies proved to be of a high quality which is why it was so demanding. The frequent examinations, both written and oral, make sure you have understood the subject and helps you apply that knowledge. We went through various periods of intense studying due to rigorous examinations, but we helped each-other through it and it was all worth it. Medical school is not meant to be easy and LF3 is no different to other quality medical schools in that sense.

I feel that my studies in LF3, combined with working in Swedish healthcare every summer during my studies, had equipped me with a solid foundation that I have been building on the last few years."