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# Scientific program

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## Preliminary Programme

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### Friday 16th June

- **8:30 - 9:00** Registration
- **9:00 - 9:30** Opening Ceremony, Organisational Information
- **9:30 - 12:00** Scientific Session 1  
Invited talks:
  - Human Health Benefits Associated with Green Space Exposure (Esmée Bijmens)
  - Giving Young People a Voice via Research: The Wants and Need of Young People from Physical Activity (Michaela James)
  - Nature-Based Food Solutions for Human Health (Wendy Russel)Coffee talk in groups: task and pitch
- **12:00 - 13:00** Lunch Break
- **13:00 - 15:15** Scientific Session 2  
Invited talks:
  - Stimulating Energy Metabolism to Combat Type 2 Diabetes; Insight from Human Translational Interventions (Patrick Schrauwen)
  - Chronotype, Nutrition, Nutritional Status and Eating Behaviour (Simona Bertolli, Ramona De Amicis)Abstracts presentation  
Coffee talk in groups: task and pitch
- **15:30 - 17:00** Short Oral Session 1
- **19:00** Social Evening

### Saturday 17th June

- **9:00 - 11:00** Scientific Session 3  
Invited talks:
  - Microbiome in Obesity. (Karine Clément)
  - There and Back Again: The Story of Civilization Through the Lens of Microbiome (Monika Cahová)Abstracts presentation  
Coffee talk in groups: task and pitch
- **11:15 - 12:30** Task Presentation
- **12:30 - 13:00** Closing

## 1. Successful implementation in the real world

### *Keynote speakers:*

Wendy Russel  
Division of Lifelong Health, Rowett Institute of Nutrition and Health, University of Aberdeen  
Aberdeen, United Kingdom

Esmée Bijmens  
Environmental Sciences, Open University Heerlen  
Heerlen, Netherlands

Michaela James  
Faculty of Medicine, Health and Life Science, Medical School, Swansea University  
Swansea, United Kingdom

## 2. Therapeutics: lifestyle interventions

Exercise diet and chronomedicine

### *Keynote speakers:*

Patrick Schrauwen  
Department of Nutrition and Movement Sciences, Maastricht University Medical Center

Maastricht, Netherlands

Simona Bertolli Dept. of Food, Environmental and Nutritional Sciences (DeFENS)

Milan, Italy

Ramona De Amicis Dept. of Food, Environmental and Nutritional Sciences (DeFENS), University of Milan

Milan, Italy

### **3. Diagnosis and prediction in the age of precision medicine**

Omics/genetic approaches, microbiome, epidemiology

*Keynote speakers:*

Karine Clément Sorbonne University/Inserm, NutriOmics Research Unit, Nutrition Department, Pitié-Salpêtrière Hospital,  
Assistance-Publique Hopitaux de Paris

Paris, France

Monika Cahová Institute for Clinical and Experimental Medicine (IKEM)

Prague, Czech Republic