## MUDr. Eva Kandrnalová

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My name is Eva Kandrnalova, I was born in 1980 in Jindřichův Hradec, CR. I got my University degree in 2007 in Prague (Charles University) and then was qualified as a GP in 2015 (Prague).

I am a dedicated and self-motivated, fully clinically competent GP with over eight years' experience working in hospitals (ER department) and clinics in Prague, Czech Republic and East Kent, UK.

Earlier in my carrer, I worked as on-site occupational health physician in two of the CR's largest automotive factories - Continental Automotive Brandýs nad Labem, Czech Republic and Toyota Peugeot Citröen Automobile plant in Kolín, Czech Republic.

My background also includes the position of Head Doctor of the VIP care department at AGEL clinic in Prague. As part of this role, I became a family doctor and on-call doctor for VIP clients (senior management of GE Money Bank Czech Republic, SKANSKA, RAIFFEISEN bank, Novartis or Unicredit bank), and the owner of AGEL a.s. company himself together with his close family from 2014 – 2017.

After that, I made the decision to broaden my professional experience by moving to a general practice in Kladno, Czech Republic (70,000 citizens) where I have proved capable of maintaining a good quality of care even when seeing a large volume of patients as a GP. I have also devoted myself to the local public health education events, such as helping people quit smoking.

In March 2018 I was recruited on the IGPR programme for international GPs, moved to the UK with my family, joined the NHS and started working in a small GP practice in Kent, UK. I find this experience enormously beneficial to my GP career, one of the biggest achievements in my personal development plan was brushing up on my communication skills. The general practice in the UK gives their doctors more of medical freedom compared to the system in the Czech Republic – they all work as "family doctors" - they see both adults and kids, are more involved in various gynae heath issues, incl. coil fittings etc. Their pre and postgradual education for GPs was also extremely well organised and led by the tutors. Supported by my tutor and the surgery where I worked I was proud to pass the MRCGP final exams in October 2019 when I became a member of the Royal College of General Practitioners.

Due to some unforeseeable family circumstances we moved back to the Czech Republic in March 2020 and since then I have been working in a small general practice in Prague 7.

I love my job and believe in a holistic approach to our patients.