
MUDr. Marika Svatošová

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She graduated from the First Faculty of Medicine in 2018. During her studies, she completed the Erasmus + program in Italy, Germany and Hungary, and internships abroad in India, China, Mexico, Thailand and Taiwan, where she was inspired by different approaches to medicine and people. At the faculty, she has already been interested in improving communication between health professionals and became a soft-skills instructor and later a coach. Within the international student organization, she helped the personal development of medics nationally and internationally. Since then, she has organized interactive workshops for healthcare professionals focusing on emotionally intelligent communication, leadership, psychohygiene and more, in order to improve the daily life of doctors and prevent burnout. Since 2018, she has been in pre-certification preparation for GP. This field has captivated her by offering not only a long-term and intergenerational relationship with the patient, but also the most comprehensive approach where the bio-psycho-socio-spiritual health of a person (both the patient and the doctor) can and should be taken into account.